

CHEMICAL COMPOSITION AND ANTIFUNGAL ACTIVITY OF *Origanum heracleoticum* ESSENTIAL OIL

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Origanum heracleoticum L. (syn. *O. hirtum* L.; *O. creticum* Sieber & Benthams; *O. vulgare* L. subsp. *hirtum* (Link) Ietswaart) (Lamiaceae) is native to Mediterranean Europe from Spain to northern Balkan and Asia. The essential oil, rich in phenols, is mainly used in the pharmaceutical and food industries [1, 2]. The essential oil is applied in aromatherapy for asthma, bronchitis, rheumatism, and digestive problems. It has been shown that this oil possesses cytotoxic and antioxidant activity [3]. In this work the essential oil of *O. heracleoticum* was tested for antifungal activity using standard procedures [4–7].

The results of chemical analysis of *Origanum heracleoticum* essential oil are presented in Table 1. Twenty-four compounds, which represent 97.16% of total oil, were identified. The main compound was carvacrol (65.25%), followed by thymol (14.84%) and β -phellandrene (4.36%) (Table 1). Phenols, thymol, and carvacrol were also dominant compounds in *O. vulgare* L. ssp. *hirtum* oil analyzed by other authors [8, 9].

Minimum inhibitory and fungicidal concentrations (MIC and MFC) of *O. heracleoticum* essential oil are presented in Table 2. The essential oil exhibited fungicidal characteristics with MIC and MFC of 0.1–1 μ L/mL. *C. fulvum*, *C. cladosporioides* P. *helianthi*, *P. magdonaldii*, and *Trichophyton mentagraphytes* were the most susceptible fungi, while the most resistant were *T. viride*, *F. sporotrichoides*, *Penicillium*, and *Aspergillus* species.

TABLE 1. Chemical Composition (Expressed as %) of *Origanum heracleoticum* Essential Oil

Component	KI	%	Component	KI	%
α -Thujene	931	1.45	Terpinen-4-ol	1177	0.58
Octen-3-ol	978	0.57	α -Terpineol	1189	0.18
β -Myrcene	991	0.58	Carvacrol methyl ether	1244	0.24
α -Phellandrene	1005	0.34	Thymol	1290	14.84
α -Terpinene	1017	1.23	Carvacrol	1299	65.25
<i>p</i> -Cymene	1025	1.88	Isocaryophyllene	1404	1.45
β -Phellandrene	1030	4.36	α -Humulene	1454	0.24
γ -Terpinene	1060	0.65	Germacrene D	1480	0.07
α -Terpinolene	1089	0.23	β -Bisabolene	1506	0.52
Linalool	1098	0.63	δ -Cadinene	1523	0.20
α -Thujone	1102	0.61	Caryophyllene oxide	1583	0.08
Camphor	1146	0.44	Total		97.16
Borneol	1165	0.45			

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TABLE 2. Antifungal Activity of *Origanum heracleoticum* Essential Oil, µL/mL

Fungi	<i>O. heracleoticum</i>		<i>Bifonazole</i>		Fungi	<i>O. heracleoticum</i>		<i>Bifonazole</i>	
	MIC	MFC	MIC	MFC		MIC	MFC	MIC	MFC
<i>Alternaria alternata</i>	0.25	0.25	10	10	<i>Fusarium sporotrichoides</i>	1	1	15	20
<i>Aspergillus niger</i>	0.25	0.5	10	10	<i>Mucor mucedo</i>	0.1	0.25	15	15
<i>Aspergillus ochraceus</i>	1	1	10	15	<i>Penicillium funiculosum</i>	0.5	1	15	20
<i>Aspergillus flavus</i>	1	1	10	15	<i>Penicillium ochrochloron</i>	1	1	15	20
<i>Aspergillus terreus</i>	1	1	10	15	<i>Phomopsis helianthi</i>	0.1	0.1	10	10
<i>Aspergillus versicolor</i>	0.25	0.25	10	10	<i>Phoma magdonaldii</i>	0.1	0.1	10	15
<i>Aureobasidium pullulans</i>	0.25	0.25	5	10	<i>Trichoderma viride</i>	1	1	15	20
<i>Cladosporium cladosporioides</i>	0.1	0.1	10	10	<i>Trichophyton mentagrophytes</i>	0.1	0.1	10	15
<i>Cladosporium fulvum</i>	0.1	0.1	5	10	<i>Candida albicans</i>	0.25	0.25	10	15
<i>Fusarium tricinctum</i>	0.5	0.5	15	20					

Previous results indicate that the antimicrobial activity of essential oils is affected by their composition. Our study confirmed the antifungal activity of *Origanum heracleoticum* essential oil. The publication by Adam et al. showed that *O. vulgare* L. ssp. *hirtum* essential oil was lethal on *Trichophyton* and fungistatic on yeast *Malassezia furfur*. The high antifungal effect was attributed to the high amount of thymol and carvacrol [9]. Oregano essential oil was effective against bacterial strains due to phenols [10]. There is a high possibility that compounds with the phenol structure such as carvacrol and thymol are responsible for the antifungal activity of the oil.

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